

Mr. and Mrs. Smith

Tuesday

2:00 - 3:15 PM Soundbathing
For Mr. and Mrs. Smith

4:00 PM Room Guaranteed

*Dinner by Reservation at Three Sisters or Firetower
For Mr. and Mrs. Smith*

Wednesday

7:30 AM-10:30 AM Breakfast at leisure
Three Sisters

8:00 AM- 12:00 PM Morning Wellness Classes
Included in nightly rate- refer to the Hub Schedule

9:00- 11:00 AM Outdoor Painting Class
For Mr. and Mrs. Smith

12:00 PM-2:30 PM Lunch at leisure
Three Sisters

2:30 PM- 4:30 PM Arbor Adventure
For Mr. and Mrs. Smith

*Dinner by Reservation at Three Sisters or Firetower
For Mr. and Mrs. Smith*

Thursday

7:30 AM-10:30 AM Breakfast at leisure
Three Sisters

8:00 AM- 12:00 PM Morning Wellness Classes
Included in nightly rate- refer to the Hub Schedule

9:00 AM- 11:00 AM BMTN Mountain Biking 2 Hours
For Mr. and Mrs. Smith

12:00 PM-2:30 PM Lunch at leisure
Three Sisters

3:00 PM- 4:30 PM Group Tequila and Mezcal Tasting
For Mr. and Mrs. Smith

*Dinner by Reservation at Three Sisters or Firetower
For Mr. and Mrs. Smith*

Friday

7:30 AM-10:30 AM Breakfast at leisure
Three Sisters

8:00 AM- 12:00 PM Morning Wellness Classes
Included in nightly rate- refer to the Hub Schedule

10:00 AM- 11:20AM Tailored Mountain Massage 80 Minutes
For Mr. and Mrs. Smith

12:00 PM Check Out of Room