

ACTIVITIES PRICES



HIKING

ON-SITE HIKING

1-2 Hour Guided Hike - per 2 guests	\$125
2-3 Hour Guided Hike - per 2 guests	\$175
Half Day Guided Hike - per 2 guests	\$225
Full Day Guided Hike - per 2 guests	\$300

OFF-SITE HIKING

Half Day Off Property Guided Hike - per 2 guests	\$225
Full Day Off Property Guided Hike - per 2 guests	\$300

BIKING

2 Hour Guided Mountain Bike Ride	\$200
2 Hour Guided Road Cycling	\$200
4 Hour Guided Road Cycling	\$275

ROCK CLIMBING

INDOOR CLIMBING WALL

1-2 Hour Indoor Rock Climbing	\$175
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BOULDERING

1-2 Hour Boulderling	\$175
4 Hour Boulderling/Indoor Climbing	\$225

TRAIL RUNNING

1 Hour Guided Trail Running	\$125
2 Hour Guided Trail Running	\$200

ARBOR ADVENTURE

2 Hour Guided Ropes Adventure	\$195
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DEMONSTRATIONS AND TASTINGS

Grain to Glass	\$125
Firetower Mixology	\$175
Cooking Demo	\$195
American Whiskey Tasting	\$200
Trailblazers in Wine	\$250
Just Reds Tasting	\$325
Buffalo Trace Antique Whiskey Tasting	\$500

HORSEBACK RIDING

Field and Stream Ride - 2 hour	\$225
Recreational Riding Instruction - 2 hour	\$225
Hunter Pace Ride - 2 hour	\$225
Wilderness Ride - 4 hour	\$500

FLY FISHING

Half Day Private Stream Fly Fishing	\$265
Half Day Off Property Fly Fishing	\$265
Full Day Off Property Fly Fishing	\$350
Full Day Float Trip	\$425

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ACTIVITIES PRICES



PADDLE SPORTS

Half Day Canoeing	\$250
Half Day Kayaking	\$250
Half Day Standup Paddleboarding	\$250

MASTERCRAFT

MasterCraft Adventure - per 2 guests*	\$750
MasterCraft Tour - per 2 guests*	\$750
*\$150 per each additional person	

SMOKY MOUNTAIN SPORTS CLUB

Sporting Clays	\$250
Archery	\$125
Paintball	\$125

LEXUS OFF-ROAD ADVENTURE

2 Hour Adventure	
Driver - 2 driver maximum	\$195 per person
Rider - 3 guest maximum	\$50 per person
*Drivers must be 21 years of age or older, and riders must be at least 10 years of age. No car seats of any kind are permitted.	

ART

WHEEL THROWN POTTERY

2 Hour Wheel Thrown Pottery	\$225
4 Hour Wheel Thrown Pottery	\$375

HAND-BUILDING CERAMICS

2 Hour Hand Building Ceramics	\$225
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ACRYLIC PAINTING

2 Hour Studio Painting	\$195
2 Hour Acrylic Painting Outdoors	\$195

SKETCHING

2 Hour Studio Sketching	\$195
2 Hour Sketching Outdoors	\$195
2 Hour Trailside Sketching	\$195
4 Hour Trailside Sketching	\$350

BASKET MAKING

2 Hour Basket Making	\$195
4 Hour Basket Making	\$350

TEXTILE ART

2 Hour Textile Art	\$195
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TILE MAKING

2 Hour Tile Making	\$225
4 Hour Tile Making	\$375

CREATIVE PRESENCE

GUIDED JOURNALING

50 min. Guided Journaling	\$195
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MEDITATIVE WATERCOLORS

2 Hour Meditative Watercolors	\$195
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MALA MAKING

75 min. Mala Making	\$195
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MANDALA STONE PAINTING

2 Hour Mandala Stone Painting	\$195
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AWAKEN THROUGH CLAY

2 Hour Awaken through Clay	\$225
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FAMILY ACTIVITIES PRICES



FAMILY INDOOR CLIMB

90 minute Indoor Rock Climbing - per 4 guests \$250
*\$50 each additional guest

FAMILY EXPLORATION HIKE

90 minute Guided Hike - per 4 guests \$250
*\$50 each additional guest

FAMILY OUTDOOR ACRYLIC PAINTING

90 minute Outdoor Acrylic Painting - per 4 guests \$250
*\$50 each additional guest

FAMILY PADDLE SPORTS

2 Hour Paddle Sports Session - per 4 guests \$250
*\$50 each additional guest
*Available seasonally May–October

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NEST. SPA TREATMENT PRICES



BODY THERAPIES

TAILORED MOUNTAIN MASSAGE

50 minutes	\$180
80 minutes	\$280
110 minutes	\$375

THERAPEUTIC MASSAGE

50 minutes	\$185
80 minutes	\$290
110 minutes	\$385

PRE-NATAL MASSAGE

50 minutes	\$180
80 minutes	\$280

HERBAL POULTICE MASSAGE

80 minutes	\$290
110 minutes	\$385

HOT STONE MASSAGE

80 minutes	\$290
110 minutes	\$385

MUSCLE RENEWAL MASSAGE

50 minutes	\$185
80 minutes	\$290
110 minutes	\$385

KAOLIN CLAY WRAP

80 minutes	\$290
110 minutes	\$385

ECHINACEA HERBAL BUFF

80 minutes	\$290
110 minutes	\$385

WALNUT AND SANDALWOOD MOISTURE MASK

50 minutes	\$185
80 minutes	\$290

THAI MASSAGE

80 minutes	\$290
110 minutes	\$385

WANDERLUST GROUNDING TREATMENT

50 minutes	\$170
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All body therapies can be performed in the couple's suite upon request.

BODY THERAPY ENHANCEMENTS

HAND TREATMENT

25 minutes	\$90
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FOOT TREATMENT

25 minutes	\$90
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SCALP TREATMENT

25 minutes	\$90
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DRY BRUSH

25 minutes	\$90
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MIND BODY HEALING

REIKI

50 minutes	\$180
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CRYSTAL REIKI

50 minutes	\$180
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NATURAL RHYTHMS

50 minutes	\$180
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NEST. SPA TREATMENT PRICES



HOLISTIC HEALTH

NATUROPATHIC WELLNESS CONSULTATION

50 minutes	\$190
80 minutes	\$295

ACUPUNCTURE

50 minutes	\$190
80 minutes	\$295

HOLISTIC NUTRITION CONSULTATION

50 minutes	\$190
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HERBAL REMEDIES

50 minutes	\$190
80 minutes	\$295
110 minutes	\$395

NERVOUS SYSTEM RESET

50 minutes	\$190
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THE CLASSROOM

50 minutes	\$190
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SKINCARE

SIGNATURE NATURAL DEFENSE FACIAL

50 minutes	\$185
80 minutes	\$290

REJUVENATION FACIAL

80 minutes	\$290
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HOLISTIC RITUAL FACIAL

50 minutes	\$185
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ALPHA BETA + VITAMIN C BRIGHTENING FACIAL

50 minutes	\$185
80 minutes	\$290

FERULIC + RETINOL WRINKLE RECOVERY FACIAL

50 minutes	\$185
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HYDRAFACIAL

50 minutes	\$275
80 minutes	\$385

FACIAL ENHANCEMENTS

LED Light Therapy	\$90
Oxygen Treatment	\$90
Lymphatic Drainage Facial Massage	\$90
Eye and Lip Treatment	\$90
Décolleté Treatment	\$90

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