

ACTIVITIES PRICES



HIKING

ON-SITE HIKING

1-2 Hour Guided Hike - per 2 guests	\$150
2-3 Hour Guided Hike - per 2 guests	\$200
Half Day Guided Hike - per 2 guests	\$250
Full Day Guided Hike - per 2 guests	\$325

OFF-SITE HIKING

Half Day Off Property Guided Hike - per 2 guests	\$250
Full Day Guided Hike - per 2 guests	\$325

BIKING

2 Hour Guided Mountain Bike Ride	\$220
2 Hour Guided Road Cycling	\$220
4 Hour Guided Road Cycling	\$290

ROCK CLIMBING

INDOOR CLIMBING WALL

1-2 Hour Indoor Rock Climbing	\$220
-------------------------------	-------

BOULDERING

1-2 Hour Bouldering	\$220
---------------------	-------

TRAIL RUNNING

1 Hour Guided Trail Running	\$125
2 Hour Guided Trail Running	\$150

ARBOR ADVENTURE

2 Hour Guided Ropes Adventure	\$220
-------------------------------	-------

DEMONSTRATIONS AND TASTINGS

Firetower Mixology	\$200
Cooking Demo	\$220
American Whiskey Tasting	\$225
Tequila & Mezcal Tasting	\$275
Wine & Cheese Tasting	\$325
(Private tastings up to 6 people \$3500)	

HORSEBACK RIDING

Field and Stream Ride - 2 hour	\$250
Hunter Pace Ride - 2 hour	\$250
Wilderness Ride - 4 hour	\$525

FLY FISHING

Half Day Private Stream Off Property Fly Fishing	\$290
Half Day Off Property Fly Fishing	\$290
Full Day Off Property Fly Fishing	\$425
Full Day Float Trip	\$520

All rates subject to an additional 20% service charge and taxes and rates are subject to change without notice. Please contact our concierge team for more details. As a courtesy to other guests, we kindly ask that cancellations and appointment changes be made by 7:00pm the day prior to your scheduled service to avoid penalties. Any appointments made or canceled after 7:00pm the day prior will incur a 50% cancellation fee. In cases of severe weather penalties for canceling or changing outdoor activities will not be imposed.

ACTIVITIES PRICES



PADDLE SPORTS

Half Day Canoeing	\$275
Half Day Kayaking	\$275
Half Day Standup Paddleboarding	\$275

MASTERCRAFT

Available seasonally June – September

MasterCraft Adventure - per two guests	\$950
MasterCraft Tour - per two guests	\$950
*\$150 per each additional person	

SMOKY MOUNTAIN SPORTS CLUB

Sporting Clays	\$275
Archery	\$220
Paintball	\$220

LEXUS OFF-ROAD ADVENTURE

2 Hour Adventure	
Driver - 2 driver maximum	\$220 per person
Rider - 3 guest maximum	\$50 per person
*Drivers must be 21 years of age or older, and riders must be at least 10 years of age. No car seats of any kind are permitted.	

CREATIVE PRESENCE

GUIDED JOURNALING

50 min. Guided Journaling	\$195
---------------------------	-------

MEDITATIVE WATERCOLORS

2 Hour Meditative Watercolors	\$220
-------------------------------	-------

MALAS AND MANTRAS

75 min. Mala Making	\$220
---------------------	-------

ART

WHEEL THROWN POTTERY

2 Hour Wheel Thrown Pottery	\$250
4 Hour Wheel Thrown Pottery	\$400

HAND-BUILDING CERAMICS

2 Hour Hand Building Ceramics	\$250
-------------------------------	-------

ACRYLIC PAINTING

2 Hour Studio Painting	\$220
2 Hour Acrylic Painting Outdoors	\$220

SKETCHING

2 Hour Studio Sketching	\$220
2 Hour Sketching Outdoors	\$220
2 Hour Trailside Sketching	\$220
4 Hour Trailside Sketching	\$375

BASKET MAKING

2 Hour Basket Making	\$220
4 Hour Basket Making	\$375

TEXTILE ART

2 Hour Textile Art	\$220
--------------------	-------

TILE MAKING

2 Hour Tile Making	\$250
4 Hour Tile Making	\$400

MANDALA STONE PAINTING

2 Hour Mandala Stone Painting	\$220
-------------------------------	-------

AWAKEN THROUGH CLAY

2 Hour Awaken through Clay	\$250
----------------------------	-------

All rates subject to an additional 20% service charge and taxes and rates are subject to change without notice. Please contact our concierge team for more details. As a courtesy to other guests, we kindly ask that cancellations and appointment changes be made by 7:00pm the day prior to your scheduled service to avoid penalties. Any appointments made or canceled after 7:00pm the day prior will incur a 50% cancellation fee. In cases of severe weather penalties for canceling or changing outdoor activities will not be imposed.

FAMILY ACTIVITIES PRICES



FAMILY INDOOR CLIMB

90 minute Indoor Rock Climbing - per 4 guests \$275
**\$50 each additional guest*

CAMP BLACKBERRY

Custom Camp Session \$175
**Two or more guests \$100 per person*

FAMILY EXPLORATION HIKE

90 minute Guided Hike - per 4 guests \$275
**\$50 each additional guest*

BABYSITTING

Babysitting \$35 per hour
**2 hour minimum*

FAMILY OUTDOOR ACRYLIC PAINTING

90 minute Outdoor Acrylic Painting - per 4 guests \$275
**\$50 each additional guest*

FAMILY PADDLE SPORTS

2 Hour Paddle Sports Session - per 4 guests \$275
**\$50 each additional guest*
**Available seasonally May–October*

FAMILY YOGA

50 minute Family Yoga - per 4 guests \$250
**\$50 each additional guest*

All rates subject to an additional 20% service charge and taxes and rates are subject to change without notice. Please contact our concierge team for more details. As a courtesy to other guests, we kindly ask that cancellations and appointment changes be made by 7:00pm the day prior to your scheduled service to avoid penalties. Any appointments made or canceled after 7:00pm the day prior will incur a 50% cancellation fee. In cases of severe weather penalties for canceling or changing outdoor activities will not be imposed.

NEST. SPA TREATMENT PRICES



BODY THERAPIES

TAILORED MOUNTAIN MASSAGE

50 minutes	\$210
80 minutes	\$320
110 minutes	\$440

THERAPEUTIC MASSAGE

50 minutes	\$210
80 minutes	\$320
110 minutes	\$445

CBD MASSAGE

50 minutes	\$210
80 minutes	\$325
110 minutes	\$440

COUPLES MASSAGE

50 minutes	\$420
80 minutes	\$640
110 minutes	\$880

PRE-NATAL MASSAGE

50 minutes	\$210
80 minutes	\$320

HERBAL POULTICE MASSAGE

80 minutes	\$320
110 minutes	\$445

HOT STONE MASSAGE

80 minutes	\$320
110 minutes	\$445

MUSCLE RENEWAL MASSAGE

50 minutes	\$210
80 minutes	\$320
110 minutes	\$445

KAOLIN CLAY WRAP

80 minutes	\$320
110 minutes	\$445

ECHINACEA HERBAL BUFF

80 minutes	\$320
110 minutes	\$445

WALNUT AND SANDALWOOD MOISTURE MASK

50 minutes	\$210
80 minutes	\$320

WANDERLUST GROUNDING TREATMENT

50 minutes	\$210
------------	-------

LED LIGHT THERAPY

40 minutes	\$170
------------	-------

BIOLOGIQUE RECHERCHE BODY

BIOLOGIQUE RECHERCHE, RECHARGE AND RENEW

80 minutes	\$350
------------	-------

BIOLOGIQUE RECHERCHE, REAWAKENING

80 minutes	\$395
------------	-------

BODY THERAPY ENHANCEMENTS

HAND TREATMENT

25 minutes	\$100
------------	-------

FOOT TREATMENT

25 minutes	\$100
------------	-------

SCALP TREATMENT

25 minutes	\$100
------------	-------

DRY BRUSH

25 minutes	\$100
------------	-------

SCULPT

ICOONE: BODY+ FACE

110 minutes	\$530
-------------	-------

ICOONE: BODY

80 minutes	\$320
------------	-------

All body therapies can be performed in the couple's suite upon request.

All rates subject to an additional 20% service charge and taxes and rates are subject to change without notice. Please contact our concierge team for more details. As a courtesy to other guests, we kindly ask that cancellations and appointment changes be made by 7:00pm the day prior to your scheduled service to avoid penalties. Any appointments made or canceled after 7:00pm the day prior will incur a 50% cancellation fee. In cases of severe weather penalties for canceling or changing outdoor activities will not be imposed.

NEST. SPA TREATMENT PRICES



MIND BODY HEALING

REIKI
50 minutes \$210

CRYSTAL REIKI
50 minutes \$210

NATURAL RHYTHMS
50 minutes \$210

SUBTLE BODY HEALING
50 minutes \$210

PRIVATE CHAKRA BALANCING
50 minutes \$210

SKINCARE

SIGNATURE NATURAL DEFENSE FACIAL
50 minutes \$210
80 minutes \$320

REJUVENATION FACIAL
80 minutes \$320

HYDRAFACIAL
50 minutes \$290
80 minutes \$400

FACIAL ENHANCEMENTS
LED Light Therapy \$90
Oxygen Treatment \$90
Lymphatic Drainage Facial Massage \$90
Eye and Lip Treatment \$90
Décolleté Treatment \$90

BIOLOGIQUE RECHERCHE

RADIANCE FROM WITHIN
110 minutes \$495

RESTORE
80 minutes \$360

PACKAGES

EXPLORE
3.5 hours \$555

IMMERSE
4 hours \$550

CREATE
3.5 hours \$465

RECONNECT
2.5 hours \$730

NOURISH
3 hours \$540

ICOONE

BODY
80 minutes \$450

BODY AND FACE
110 minutes \$600

All rates subject to an additional 20% service charge and taxes and rates are subject to change without notice. Please contact our concierge team for more details. As a courtesy to other guests, we kindly ask that cancellations and appointment changes be made by 7:00pm the day prior to your scheduled service to avoid penalties. Any appointments made or canceled after 7:00pm the day prior will incur a 50% cancellation fee. In cases of severe weather penalties for canceling or changing outdoor activities will not be imposed.

PRIVATE WELLNESS PRICES



WELLNESS

PRIVATE SOUNDBATHING

75 minutes \$210

PRIVATE YOGA

50 minutes \$130

75 minutes \$200

PRIVATE MEDITATION

50 minutes \$130

75 minutes \$200

PRIVATE GUIDED CRYSTAL MEDITATION

50 minutes \$135

PRIVATE MALAS AND MANTRAS

50 minutes \$135

PRIVATE AERIAL YOGA INDOORS

50 minutes \$135

75 minutes \$210

PRIVATE PERSONAL TRAINING

50 minutes \$130

75 minutes \$200

PRIVATE TRX

50 minutes \$130

PRIVATE HIIT

50 minutes \$130

PRIVATE STRETCH AND RELEASE

50 minutes \$130

PRIVATE BARRE

50 minutes \$130

PRIVATE CARDIO DANCE

50 minutes \$130

PRIVATE BUNGEE FIT AND FLY

50 minutes \$135

PRIVATE BOOTCAMP

50 minutes \$130

FOREST BATHING

SUNRISE PRACTICE AT GOAT HILL YOGA

75 minutes \$210

SUNRISE PRACTICE AT GOAT HILL MEDITATION

75 minutes \$210

JOURNEY TO THE EDGE YOGA

3 hours \$360

JOURNEY TO THE EDGE MEDITATION

3 hours \$360

AERIAL FOREST YOGA

50 minutes \$140

75 minutes \$210

WOODLANDS YOGA

50 minutes \$140

75 minutes \$210

All rates subject to an additional 20% service charge and taxes and rates are subject to change without notice. Please contact our concierge team for more details. As a courtesy to other guests, we kindly ask that cancellations and appointment changes be made by 7:00pm the day prior to your scheduled service to avoid penalties. Any appointments made or canceled after 7:00pm the day prior will incur a 50% cancellation fee. In cases of severe weather penalties for canceling or changing outdoor activities will not be imposed.